

## VOLUNTEER SPOTLIGHT

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# THE CAT HOUSE Scoop

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### ADOPTION FACILITY

3633 "O" Street  
Lincoln, NE  
Tuesdays & Thursdays 6-8 pm  
Sundays 1:30-4 pm

PO Box 23145  
Lincoln, NE 68542  
Hotline: 402-441-9593  
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The Cat House is a 501(c)(3) non-profit, all-volunteer organization funded entirely by donations and adoption fees.

## Understanding and handling cat allergies (Hint: You don't have to give up your cat)

By Kris Rasmussen

Allergy sufferers are all too familiar with the miserable symptoms that show up when something sets off their allergies. Animal lovers with allergies also can suffer from recommendations they avoid contact with pets, especially cats. But there may be other ways to manage dander allergies without giving up your furry friends.

Symptoms that result from a dander allergy include "swollen nasal passages ... a runny or stuffy nose, sneezing, itchy or watery eyes ... shortness of breath ... dermatitis ... [and] asthma," according to the American Lung Association. And unlike pollen, which tends to be a seasonal allergy trigger, dander is a year-long allergy trigger. The Mayo Clinic gives a brief explanation of dander:

"Allergens from cats and dogs are found in skin cells the animals shed (dander), as well as in their saliva, urine and sweat, and on their fur. Dander is a particular problem because it is very small and can remain airborne for long periods of time with the slightest bit of air circulation. It also collects easily in upholstered furniture and sticks to your clothes ... Pet saliva can stick to carpets, bedding, furniture, and clothing. Dried saliva can become airborne."

Although it is typically recommended that those who are allergic to dander limit their exposure to cats (including getting rid of cats in the home), it is not impossible to own a cat while being allergic to dander. The Humane Society of the United States lists several ways that cat owners can deal with allergens and allergy symptoms from cats in their homes:

- Create an "allergy-free zone" (i.e., cat owner's bedroom) where cat is not allowed access
- Use HEPA air cleaners
- Bathe your cat once a week
- Try treatments (i.e., allergy shots)

If you want to get a cat but are allergic to dander, rest assured as it is definitely possible to own a cat while being allergic to it. Not only can the techniques listed above (as well as many other techniques not listed here) greatly reduce the negative effects of pet allergies, but there is a surprisingly large number of dander-allergic individuals who successfully own pets: "Scientists at NIEHS [National Institute of Environmental Health Sciences] found that more than 50% of households have a dog, cat, or both.

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# Volunteer Opportunities

The Cat House has a very hard-working and dedicated crew of volunteers committed to improving the lives of cats in Lincoln and the surrounding area.

Our volunteer needs change frequently. We encourage you to check our website at [thecathouse.org](http://thecathouse.org) for updates.

You can fill out a volunteer application online at [thecathouse.org](http://thecathouse.org), come in during open hours to fill out an application, or e-mail questions to [volunteer@thecathouse.org](mailto:volunteer@thecathouse.org). You're in for a rewarding experience!

## Opportunities to help include:

- Open hours
- Daily care, feeding, room cleaning, and socializing of cats
- Facility maintenance
- Newsletter articles, photography, and production
- Assisting with communication to volunteers and/or the public
- Adoption counselor
- Post-adoption follow-up calls
- Filing
- Grant writing
- Fundraising
- Retail events
- Feral/TNR program
- Foster care

## Happy Tails Stats

Here are the number of cats adopted in recent months.

October	30
November	22
December	20
January	45
February	44
March	31

## Volunteer Spotlight: Amy Bolton

By Ann Adams

The Cat House is a non-profit organization that relies on volunteers to provide a safe haven for cats in need. While the title of volunteer may seem humble, the impact that these individuals have on the lives of cats is immeasurable. One such volunteer is Amy Bolton, who has been a dedicated member of the TCH team for 6 years.

Amy's passion lies in fostering kittens, particularly those who are orphaned or abandoned and require extra care and attention to survive. These vulnerable kittens, also known as "bottle babies," require around-the-clock care and a high level of patience. For Amy, the reward of seeing these kittens thrive makes the hard work worthwhile. However, not all kittens survive, and saying goodbye to those who do not is particularly challenging.

Despite the emotional toll, Amy has fostered 88 kittens in her own home to date. Her dedication to giving these kittens a chance at life is truly admirable. Of all the kittens she has fostered, one stands out in her memory the most—a ferocious little fighter named Barty Bart the Barbarian. Barty Bart was about 4 or 5 weeks old when he was rescued from a window well, and Amy had never used a bottle before. Despite the challenges, she fell in love with his spirit and determination.

For Amy, fostering kittens is more than just a hobby—it's a calling. She firmly believes that cats want to be saved, and she is grateful to be able to provide them with the care and love they need to thrive. As she says, "if I didn't do it, those babies



wouldn't have someone, so I choose to be that someone." Her selfless dedication to these kittens is a shining example of the impact that volunteers can have on the lives of animals in need.

While fostering kittens is Amy's primary passion, she also does a regular cleaning and feeding shift and helps out with TCH's Trap, Neuter, and Return (TNR) program to address the root of the issue that creates so many orphaned and abandoned kittens. As much as she loves her bottle babies, she would love to see a world where there isn't such a high demand for caring for fragile kittens.

You can keep up with Amy's foster kittens' adventures by following her on Instagram and Facebook @necatladylady.

## Did you know? Little-known cat trivia you can share with friends

- Darwin was a cat fancier. He attended the first cat show in 1871 and was particularly interested in polydactyl (extra toes) cats.
- Tortoiseshell color is specific to cats and was the first X chromosome-linked gene identified
- Male tortoiseshell cats are rare. Most have an extra X chromosome and are infertile. A few are chimeras (i.e., they have two sets of DNA because two embryos fused together

in utero) of XX/XY. Only a few of these cats are fertile.

- A unique anatomical finding in cats is that their auditory bullae (a bony capsule in the middle ear) is double chambered.
- Cats with color points, like Siamese, may be cross-eyed or show nystagmus (abnormal eye movement) due to a defect in the optic chiasma of the brain.

# Jazzie

By Martha Stoddard

Looking for a cat who can harmonize with you? Or one who can strike the right notes and not lose a beat? Take a look at Jazzie, a gorgeous but unassuming tortoiseshell cat who loves her toy mice.

Jazzie bounced around a bit before landing at The Cat House. She lost her first home when her person wound up in jail and had no one to care for her. She was taken in by another shelter and adopted by someone else. That person later moved to a place that didn't allow cats, leaving Jazzie without a home again.

This time, she came to TCH, where she has become known for her habit of batting toy mice under her door and inviting humans to push them back over and over again. She's not one who demands attention or displays lots of "torti-tude." But she loves pets and company, and she would love a good, dog-free home.

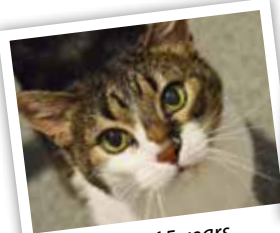


## These cats are looking for forever homes.

Visit our shelter on Tuesday and Thursday evenings from 6 to 8 pm and Sundays from 1:30 to 4 pm.



Popeye (FeLV+) – 3 years



Ruu – 15 years



Chestnut – 4 years



Jade – 4 years



Gordon (FIV+) – 8 years



Kitsune – 5 years



Finn (FIV+) – 14 years



Athena – 10 years



Gus (FIV+) – 14 years

## Don't have kittens, here is the cat's meow

By Monica Starr

The English language has a plethora of cat-related phrases, idioms, and nouns. You may be able to think of a handful right now. Has the cat got your tongue? That's alright. I'll share a few of my favorites below.

**"A cat in gloves catches no mice."**

This might come from a 14th century French proverb (*chat engaunté ne surrizzera ja bien*), which means that a gloved cat will never mouse well. Basically, you must be assertive in order to get what you want.

**"Like the cat that got the cream."**

Coming from the UK, this idiom generally means one is very satisfied or happy about a situation they have benefited from.

**"Like herding cats."** A more recent idiom attributed to the 1980's, this expression describes the difficulty that people find when trying to organize a group effort. If you have ever tried to herd cats, you know it simply won't be done with ease.

The everyday language we use describes what is important to a culture or linguistic group. Many languages use animal habits/characteristics as a way to describe human emotions and circumstances.

If the words we use give us insight into what we value, I think we can safely assume that English speakers have a preoccupation with cats. Although not all the associations are positive, many cat-related phrases highlight the intelligence, creativity, and power of cats.

Continue being the cat's pajamas and check out our other articles in this newsletter!

# Calendar of Events

## Give to Lincoln Day

**May 24** / Midnight to 11:59 p.m.  
Option to give May 1 through 24 at [thecathouse.org/give](http://thecathouse.org/give)

## Haymarket Farmers Market Saturdays, July 1 - August 5

8 a.m. to Noon.

Pet beds, catnip sticks, and other items available.

**give**  
TO LINCOLN DAY

What can you do to help The Cat House (TCH), Lincoln's only no-kill shelter?

Donate to Give to Lincoln (G2L), The Lincoln Community Foundation's 12th annual fundraising day for nonprofits in the Lincoln area. As in years past, nonprofits will receive a proportionate share of a \$500,000 match based on the amount of money raised on Wednesday, May 24.

Money raised from May 1-24 will benefit TCH by providing funds for spay/neuters, other necessary veterinary procedures, vaccinations, and our Trap, Neuter, and Return (TNR) program benefiting feral cats. Additionally, these funds augment money received from adoptions, retail sales, and other donations to run the shelter and to buy food, cat litter, and other necessities.

This fundraising campaign takes place primarily online. There will be a link on the TCH website or go to [givetolincoln.com](http://givetolincoln.com).

Your thoughtfulness will let us continue our work for the Lincoln community throughout 2023. We thank you for your support and generosity.

# Suzie proves to be perfect answer to a bad day

By Martha Stoddard

Robin Ward wasn't in a good mood one day, so she decided to browse the adoptable cats on The Cat House website for a little pick-me-up. That's when she first saw Suzie, a solid gray cat staring at the camera with "her cute little face and her eyes going opposite directions." Robin was captivated. She decided to go meet Suzie. She discovered a quirky, older cat with a big personality who loved attention, and Robin started thinking about adopting her.

"I'm more attracted to senior cats because I like their lower energy levels," Robin said. "She's so sweet."

Robin also found out Suzie had some medical problems. She had come to TCH from another shelter, where she had been diagnosed with glaucoma. That shelter asked if TCH would take Suzie because they thought TCH was better able to care for her. Glaucoma turned out to be the least of her issues.

Suzie made several trips to the vet during her time at TCH and was diagnosed with a variety of senior cat issues. Some were resolved with treatment. Others continued, including arthritis, kidney issues, and a tendency toward constipation, for which she was getting a joint supplement, regular fluids, and Miralax. None of that worried Robin.

"Health issues don't really bother me," she said. "All of us are going to have health issues. It sounds a lot scarier than it is."

Before making a final decision, Robin asked a lot of questions and did a lot of research. TCH medicators gave demonstrations about giving the fluids.

Robin also did a lot of thinking about how her other cat—Wags, another TCH alum—might react, about whether her place was big enough, and about possible medical costs. In the end, she decided to bring Suzie home.

"It was a change at first, but it was a change for the better," Robin said. "I now have two little funky friends."



In her new home, Suzie has blossomed. She has found lots of cozy spots to sleep. She plays with her favorite rainbow kicker toy and chases feather toys. She talks with Robin, and the two of them love to watch videos, especially true crime stories. Suzie also enjoys bird videos on the TV. Robin takes her in a backpack with mesh sides on walks around the neighborhood. A new arthritis medicine has her feeling good enough to get the zoomies now and then. She's not best buddies with Wags, but they get by.

"They're my little buddies," Robin said. "They're my best friends."



# Donations in memory & honor of...

## In memory of

Janet Miller from Gliss Davis

Ed and Pat (Murphy) Roth from Jan Roth-Schoonover

Thomasina from Scott Mahoney

William "Bill" Bivin from Jonda Manwell, Pamela Rowland, Susan Reese, Carrie Richardson, and Mary Swinton

Adele E. Cat from Wayne and Judy Jensen

Lois Anderson from Sandra Anderson, Joanne Anderson, Debra Horacek, Jeanne Millican, Mitchell Murphy, Joann Rosse, Laurie Novak, Deb Hart, and Kim Converse

River from Haley Brogan

Sunkist from Veronica Cammarata, Julie Petersen, and Elise and Kim Ehlers

Megan Williams from Sharon Malloy

Rod Shuman from Patricia Shuman, Emilie Cook, and Kevin Wibbels

Sunkist, Trixie, and Pepper from Jayme Boehle

Suzanne Laws from Abel Foundation and Robert Nordquist

Nancy Jelinek from Rod Elred

Pat Stone from Jeanette Stamm

Christopher from Charles Bethea

Lionel from Theresa Wagner

A Novel Idea's Eddy from Anonymous

Poppy from Samantha Karnes

Drew from Catherine Cecava

Dusty from Jackie Reyes

Flash from Craig Herman

Pink from Veronica Cammarata, Suzon Ahern, and Elise and Kim Ehlers

Charlie from Geraldine Heiser

Max T. Cat and Callie from David Johns

Teddy from Judith Gibson and Barbara DiBernard

Shade from Gerald Wilkins

Sophie and Zolie from Anita Friehe

Jackie Lund from Wilma Masters

Mollie Dreamer from Carolyn Cummins

Daniel O'Hara from Dr. Mary Brauch Petersen

Frankie from Patricia Herman

Gracie from Marcia Leise

Jim and Muffy from Sandra Mertlik

Ruby and Pebbles from Wayne LeTourneau

Catherine Knapp from Phyllis LeGrande, Lora Klock, Gary Kebbel, and friends at the NEOC

Danny Doeden from Jerry Tyrrell

Carol Straatmeyer from Terri Brinck

Uncle Carl from Cheri Thomas

Maci from Judy Allen

Artemis Banks from Amy Lonas

Dottie Glenn Davis from Judy and Monte Moser

Jeff Pool from Tim Pool, the Mosier Family, Randy Lauer, Jason Hall, Judy Pribyl, and Mary Gehm

Knuckles from Carrie Richardson

"Evil" from Bill Richman

Olivia Eskens from Shelby Tuder

Daisy and Buffy Olivigni from Lorna Triplett

Rick Hazen from Chandra Hazen

Trixie from Jo Schroeder

## In honor of

Brian Williams from Anonymous

Mike Kaluf from Theresa Wagner

John and Melissa Pedersen from Theresa Wagner

Little Nell from Susan Simon

Fluffy (Garfield), Chuck, and Lola from Julia Densberger

Gizmo and Pumpkin from Bill and Sandy Spielman

Mindi Jasper's birthday from Ken Almquist

Mike Barber from Roberta Barber

Darlene Allen from Judy Allen

Martini, Walt, and Victoria from John and Brenda Roby

Douglas DeFruiter's birthday from David DeFruiter

The Licht Family from Mary King

The help in saving two lives in the North Prairie Village from Vicky Sorensen

Theo and Spicy Pants from Lynda Elaine

Bob and Joyce Howe from Janelle, Rod, and Jason

The Haar Family from Cassandra Poss

Cindy Edson from Catherine Goldman

Azrael, Mafi, and Orson Welles from Arden Nixon

Sara Shulds from Mandala Tschetter

Amber Pendley from Edward Boone

Quincy Kellison's birthday from Amanda Schur

Pip from Allison Locke

My dad and step-mom Sandi from Stacey Hauser

Yugie from Kaitlyn Nohrenberg

Shari Alleman from Anonymous

Cricket from Janis Heim

Pumpkin from Elizabeth Chambers

Mango (Puff) from Nicole Brandtjen

Abby's birthday (a true cat friend) from Norbert Weijenberg

Nancy Elley from Irene Thomassen

## Special thanks to

Dr. Kelly Jordan

Cause For Paws

Dr. Shelley Knudsen

Nature's Variety

All Feline Hospital

Petco

Vondra Veterinary Clinic

Tractor Supply

Wachal Pet Health Center

Pitts Veterinary Hospital

Creature Comforts Mobile Veterinary Service

# Thank You!

## Understanding and handling cat allergies, continued from page 1

Nationwide studies showed dog and cat allergens were present in almost all U.S. homes, even those without pets." PetMD also indicates that "most people tend to build up a tolerance to [cat] allergens over time."

Cat ownership with a dander allergy can be risky even with the effective methods

available to mitigate cat allergy symptoms. Allergic reactions are often times an unpleasant experience, which makes the hesitation to own a cat completely understandable to those allergic to dander. However, many of these individuals choose to take the risk and adopt a cat anyway. With careful management, cat

allergy symptoms can be reduced or even potentially eliminated altogether—and many purrs, activation noises, big stretches, and other cute cat mannerisms can be safely enjoyed along the way!

# Wish List

## DRY CAT FOOD

- Any dry cat food
- Science Diet Optimal
- Science Diet C/D Stress\*
- Royal Canin Baby Cat
- Calm or Royal Canin Rabbit\*

## CANNED CAT FOOD OR PACKETS

- Science Diet or Iams – kitten & adult – turkey, chicken, salmon (ground or minced)
- Fancy Feast – turkey, chicken, salmon (Classic); Grilled Delights with Cheddar; or Broths sold in pouches
- Fancy Feast Kitten
- Hartz Delectables – sold in packets
- Science Diet I/D or Z/D\*
- Royal Canin Rabbit\*
- Royal Canin Baby Cat Loaf

## SUPPLIES

- Brooms
- Paper towels
- Kitchen and office trash bags (13 gallon size)
- Copier/printer paper

## CLEANERS

- Scent-free liquid laundry detergent (sensitive skin)
- Scent-free dryer sheets (sensitive skin)
- Clorox bleach (regular type)
- Anti-bacterial hand soap
- Dawn dishwashing soap
- Dishwasher detergent/pods
- Clorox disposable wipes
- Swiffers

## CAT LITTER

- Non-clumping, regular clay litter (no clumping, pine, or newsprint type litter)

## MISCELLANEOUS

- Meat flavored baby food (chicken or turkey)
- Small chenille or cotton reversible bath rugs (no rubber backs)
- Aluminum trays (no smaller than 8" x 13")
- Puppy training pads
- Lint rollers
- FortiFlora® Feline Nutritional Supplement
- Gift certificates to [entirelypets.com](http://entirelypets.com)
- Gift cards to Tractor Supply, Walmart, Target, Petco, or PetSmart

\* sold at vet clinics

# Is your cat bored?

By Ann Adams

Cats are often thought to be independent creatures that like to keep to themselves, but just like humans, they can become bored. It's essential to recognize the signs of boredom in your feline friend and take steps to alleviate it.

## Signs of Boredom in Cats

Cats that are bored may display a variety of signs that they are not getting enough stimulation or engagement. Here are some of the most common indicators that your cat is bored:

**Destructive behavior**—Cats that are bored may resort to destructive behavior such as scratching furniture or chewing on inappropriate items.

**Overeating**—A bored cat may eat more than usual, leading to weight gain.

**Excessive sleeping**—While cats are known for their love of sleep, a bored cat may sleep excessively.

**Attention-seeking behavior**—If your cat is craving attention and not getting enough stimulation, it may follow you around the house or meow incessantly.

**Aggression**—A bored cat may exhibit aggressive behavior towards other cats, pets, or even its owner.

## What to Do About a Bored Cat

If your cat is showing signs of boredom, there are several things you can do to

help alleviate it and provide it with more stimulation.

**Provide toys**—One of the best ways to keep your cat engaged and stimulated is by providing it with toys. Interactive toys, such as puzzle feeders or toys that require your cat to use its hunting instincts, are great options.

**Create a safe space**—Cats love having their own space to retreat to, so create a safe area for them with a cozy bed, scratching post, and toys.

**Spend time with them**—Spending quality time with your cat is essential to keeping it mentally stimulated. Play with them, cuddle them, or simply sit and watch them explore their environment.

**Create a cat-friendly environment**—Make sure your home is cat-friendly by providing ample space for them to explore, plenty of windows to look out of, and comfortable spots for them to lounge.

**Consider adopting a companion**—If your cat is alone for long periods, consider adopting another cat to keep it company. Just be sure to introduce them slowly to avoid any conflicts.

Boredom in cats is a common problem that can lead to unwanted behaviors. By recognizing the signs of boredom and taking steps to provide your cat with the stimulation it needs, you can help keep it happy and healthy.

# Cats on the go: Carrier essentials

By Allison Hunter-Frederick

Whether you want to take your cat to the vet, travel with your cat, or be prepared in case of an emergency, a carrier is essential. What should you look for in a carrier and how do you train your cat to like it? Read on for the answers.

When looking for a carrier, you should consider six features: size, safety, entrance and exit options, ventilation, and privacy.

Cats feel safest and most secure in small spaces. Therefore, your cat's carrier should be just big enough for your cat to turn around and even to stretch.

Carriers can be made from either fabric

or plastic. Fabric is more comfortable, lighter, and easier to store, while plastic is sturdier, more secure, and easier to clean.

People who travel often or who struggle to lift heavy objects might consider a rolling carrier. When traveling by car, The Center for Pet Safety recommends that carriers should be placed on the floor of the backseat. If the carrier has been crash-tested, it can be belted into the backseat.

The ideal carrier will have both a top and front opening and a removable top half.

*Continued on page 7*

# AJ says read my tail...and ears, eyes, whiskers

Dear Advice Cat:

*I am so confused! I met a friend's cat the other day. The cat was wagging its tail, so I reached out to pet it. The cat immediately swiped at my hand and scratched it up. What gives? I thought it was happy. Can you explain what happened?*

Signed, Baffled

Dear Baffled:

I'm so glad you wrote me! I love being the Advice Cat and helping people out! The newsletter people really rely on me now. I think I have gotten quite good at doing this column. Don't you agree?

As for your question, I'm sure I can be helpful. You appear to have a common misconception, thinking that a cat wags its tail when it is happy. That's for dogs, not cats. But I bet that cat was telling you very clearly that it did not trust you as a stranger and did not want to be touched. You just need to understand cat language.

Don't worry, it is possible to learn. Here's a beginning lesson. First, you need to know



that cats communicate mostly with body language, so you need to be observant. Start by taking a moment to check out the context. Look at the situation from a cat's perspective. Cats evolved as both hunters and hunted, so they act differently if they feel threatened.

Then look at the cat's body posture. Look at its eyes, especially the shape of the pupil in the center of the eye. Watch the position of its ears and whiskers. Look at the position of the tail and how it moves. Finally, listen for vocal clues like purrs, hisses, or growls.

Is the cat crouching down and trying to appear as small as possible, with eyes open, pupils dilated, ears down, and tail tucked in tight? The cat is scared or anxious. It could lash out defensively if pushed. A cat facing forward while tensed up with the tail swishing rapidly, kind of like a dog's tail wagging, are signs that the cat is ready to strike out.

If the cat is especially afraid or aggressive, it may arch its back, raise its hair on end, and stand sideways to you, like those cat figures you see at Halloween. In this case, it is trying to appear as big as possible. But

context matters here. If you see a kitten doing the same behavior with its littermates, it's part of play.

Is the cat standing or sitting normally, with the tail straight up or curved near the end or even waving a bit? Are its ears and whiskers in neutral positions or maybe slightly forward and the eyes open? That's a happy, relaxed cat who may be open to petting. Approach calmly but keep watching the body language. It can switch as you get closer.

A really relaxed cat may stretch out long or roll over and show its belly. Being that vulnerable to attack is a sign of trust, not necessarily an invitation to being petted on the belly. Again, cats are not dogs. You better know a cat's preferences before attempting a belly rub.

Does that help? I know it's a lot. I can't give away all the cat secrets in one column. My volunteer friends say Google can show you lots of pictures that might help more.

Now I have to do my dance and look starved so the volunteers know it's time for my supper.

Until later, Almond Joy

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## Cats on the go: Carrier essentials, continued from page 6

The top and front openings will give you options for loading and unloading your cat easily. A removable top will allow your cat to remain in the bottom half of its carrier during a vet exam, where many cats will feel more secure and less anxious.

Although carriers should have good ventilation, cats also need privacy. If a cat needs more privacy to feel safe, drape a towel over the carrier.

Now that you know the right type of carrier to look for, let's look at how to train your cat to like its carrier.

First, put the carrier in a part of the house frequented by your cat, so your cat gets used to seeing it. Then make the carrier a happy place by leaving the door open and placing a blanket or pet bed inside and by playing with your cat near the carrier. Occasionally put treats in and near the carrier to encourage your cat to feel especially good

about it and to explore it.

After your cat is going inside the carrier on its own, whether for treats or toys, close the door and immediately open it again before your cat has time to react. Then give it a big reward—treats or play time or praise. Repeat this step often for a few days, each time slightly increasing the length of time the door is closed.

When your cat is comfortable being in the carrier with the door closed, the next step is to pick up the carrier, then set it back down immediately and open the door. Follow with rewards, and repeat as often as needed, each time increasing the length of time you lift the carrier off the floor.

When your cat is comfortable being lifted in the carrier, walk around with your cat inside it! Start by moving the carrier a short distance within the same room, then into the next room, and finally the front door.

How quickly you move from room to room will depend on your cat.

At this point, there are just a few steps left. With your cat in the carrier, take it outside to your car, put it in your car, go for a short drive, and finally go for long, fun outings. (For the steps involving your car, you might play soft music and spray the carrier/car with cat pheromones.)

When your cat enjoys going places in the carrier, be sure you don't go back to keeping the carrier in storage except when taking your cat to the vet. Keep the carrier out, and continue taking your cat on fun outings.

Whether you want to take your cat to the vet, travel with your cat, or be prepared in case of an emergency, a carrier is essential. If you need additional help, you might talk with your vet about anti-anxiety medication.



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**We need your support!**

The Cat House needs your support so we can continue helping our feline friends. To donate food, toys, or supplies, please call 402-441-9593 for an appointment. Contributions can also be made with a credit card through Paypal. Please consider donating, or visit our website to learn how you can help!

The costs to operate the facility continue to grow. One way of reducing costs is to minimize the number of newsletters that are printed and mailed out to our supporters. We are, therefore, asking if we can send future issues of The Cat House Scoop to your email address instead of mailing you a printed copy. Rest assured though, if you don't have access to a computer, we will continue to send the newsletter to you by mail!

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